

College Avenue Presbyterian Church
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GOOD TROUBLE



Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus. Together we seek to vigorously live our faith in our words, actions, and relationships in the East Bay.

As a community we are committed to inclusivity and mutual empowerment which is why all our community gatherings are hybrid. (both in person and via Zoom).

This allows us to gather together and be consistent with our values and commitments.

In our community, face masks are not required, but always welcome.

We want you to do what you need to do for you! Masks are available in the entry.

CHILDREN

We have Godly Play – “Sunday School” for children during our service. It’s a Montessori-like approach to teaching children language to use to learn to express faith through the telling of Bible Stories. The Goldy Play group and leaders leave for their arranged learning space after the 2nd song.

PRAYER CARDS

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share your requests in the chat on ZOOM labeling it with ‘prayer.’

WI-FI

Want Wi-Fi during our gathering?
 Select our network – Capc1.
 Our password is 5106583666

CCL #1137062

Sunday • October 22, 2023 at 10:30am
 in Person & on Zoom

GATHERING AROUND GOD’S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE “Help Us Accept Each Other”

GATHERING SONG “All Things Bright And Beautiful” - Blue Hymnal #267

CALL TO WORSHIP -

SONG OF PRAISE “Look And Learn From The Birds Of The Air” - Insert
 Children are invited to depart for Godly Play upstairs with today’s Story-Teller

LISTENING FOR GOD’S WORD

HEARING SCRIPTURE Matthew 6: 24-34

PROCLAIMING GOD’S WORD “Good Trouble” - Rev. Lisa Robeck

RESPONDING TO GOD’S WORD

SONG OF RESPONSE “Don’t Show Off Your Giving” - Insert

PRAYERS OF THE PEOPLE & THE LORD’S PRAYER

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER.

Leader: God, in your mercy.

People: Hear our prayer.

OFFERING “Seek Ye First” - Glory to God #175

THE LIFE OF THE CHURCH

SENDING SONG “Sanna Sannanina” - Glory to God #597

SENDING CALL AND RESPONSE

Leader: God is good!

People: All the time!

Leader: And all the time!

People: God is good!

EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD “La paz de Christo” - Spanish

POSTLUDE “Don’t Worry Be Happy”

Preaching today Rev. Lisa Robeck

The Reverend Lisa Robeck is an ordained Presbyterian clergywoman in the PC(USA). After graduating from San Francisco Theological Seminary with her Master of Divinity (M.Div.) in 2003, she served a small handful of non-profits until she was ordained as the Pastor of Lincoln Park Presbyterian Church in San Francisco in 2011. Lisa also served as Associate Pastor for Congregational Care at Second Presbyterian Church in Louisville, Kentucky; and she has been a Staff Chaplain at both California Pacific Medical Center and MarinHealth Medical Center. Lisa currently serves as Parish Associate at Old First Presbyterian Church in San Francisco

Today's Reading • Matthew 6:24-34

Jesus continued teaching, saying:

²⁴ “No one can serve two masters, for a slave will either hate the one and love the other or be devoted to the one and despise the other. You cannot serve God and wealth.

²⁵ “Therefore I tell you, do not worry about your life, what you will eat or what you will drink,^[b] or about your body, what you will wear. Is not life more than food and the body more than clothing? ²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? ²⁷ And which of you by worrying can add a single hour to your span of life? ²⁸ And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all his glory was not clothed like one of these. ³⁰ But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? ³¹ Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ ³² For it is the gentiles who seek all these things, and indeed your heavenly Father knows that you need all these things. ³³ But seek first the kingdom of God and his righteousness, and all these things will be given to you as well.

³⁴ “So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

QUESTIONS FOR REFLECTION & EXAMEN:

- What engaged, enraged, or surprised you in the text?
- What invitation do you hear the Spirit of God speaking to you – *or to us, as a church* – to act, speak, be, or change?

October Birthdays

30 Joshua Beatty

Today at & around CAPC Oakland

Post Service Garden Party! Join us for light snacks and the chance to connect after our service.

Letters of Love: *Everyone loves getting mail!* Pick up an addressed envelope in the back and write a note of encouragement and love to someone who could use a good word. Recipients and their situations are explained on the magnetic board.

This Week at & around CAPC Oakland

Deacons Meeting today after worship. Talk to Marji Wilkens.

Quilters Club Mondays 10a-12p, in the library. No experience required.

Community Bible Study – Tuesday 7pm –We're wrestling together with the book of 1 Samuel 28-31. This week we're reading . Resources & info online at www.capcoakland.org

Friday Night Meal – Fridays 6:00-7:00PM. Sign up online to help with set-up, serving, and clean-up – this -or *any* Friday! This Friday the Three Crosses Cook Team is cooking! Tim Hsu is hosting the meal.



Session Meeting This Thursday 7:00pm on Zoom

Women's Group: Saturday 9:30-10:30am on Zoom.

Congregational Meeting –Congratulations to our new Nominating Team members – elected last Sunday. Chris Olson, Daniel Stoops, Tina Faulkner, Ann Iverson, Cameron Beatty, Chickwendu Okereke.

Advent Music Ensemble - practicing today after worship and our congregational meeting.

Coffee & Conversation – Tuesday, 10/31 @ 10am on the patio in front of Safeway at College @ Claremont. Open, BYO conversation around a faith question.

Reformation Sunday – Rockridge Annual

Halloween Parade –Sunday, October 29th is the annual Halloween Trick-or-Treat parade for children along College Avenue. There will be live music and activities all along the avenue from 11a-2pm. We annually invite you to join in the community fun by coming to a creative worship in costume.

Monte will be on study leave October 16-23rd Rev. Lisa Robeck will be preaching next Sunday, 10/23.

Thank You to Today's Leadership:

Music: Pete Feltman, Dave Eagle Roger Kim, Ben Kramaz
Testimony: Richard Harvey
Video Tech: Dann Wilkens, Albert Hussian

LYRICS & RESPONSES FOR TODAY'S CELEBRATION

We affirm that God is neither male nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship, able to identify with the lyrics of songs and the words of our communal prayers through our use of gender inclusive language.

“All Things Bright And Beautiful”

Cecil Frances Alexander (1848)

The Presbyterian Hymnal #267 | Glory to God #20

Refrain:

All things bright and beautiful,
All creatures great and small,
All things wise and wonderful:
The Lord God made them all.

1 Each little flower that opens,
Each little bird that sings:
God made their glowing colors,
God made their tiny wings.

2 The purple-headed mountain,
The river running by,
The sunset, and the morning
That brightens up the sky,

3 The cold wind in the winter,
The pleasant summer sun,
The ripe fruits in the garden,
God made them every one.

4 God gave us eyes to see them,
And lips that we might tell
How great is God Almighty,
Who has made all things well.

Call to Worship Opening litany

Adapted from Psalm 9 | Chip Hardwick

One: The Lord reigns forever,
and rules the nations with fairness.

**People: The Lord is a shelter for the oppressed,
a refuge in times of trouble.**

One: Sing praises to the Lord who reigns in Jerusalem;
Tell the world about God's unforgettable deeds.

**People: The needy will not be ignored forever;
The hopes of the poor
will not always be crushed.**

All: Let us worship God!

“Look And Learn From The Birds Of The Air”

Translator: John L. Bell; Author (Korean): Na Yöng-su

Eng. tr. © WGRG the Iona Community (Scotland)

1 Look and learn from the birds of the air,
flying high above worry and fear;
neither sowing nor harvesting seed,
yet they're given whatever they need.
If the God of earth and heaven
cares for birds as much as this,
won't he care much more for you,
when you put your trust in him?

2 Look and learn from the flowers of the field,
bringing beauty and color to life;
neither sewing nor tailoring cloth,
yet they're dressed in the finest attire.
If the God of earth and heaven
cares for flowers as much as this,
won't he care much more for you,
when you put your trust in him?

3 What God wants should be our will;
where God calls should be our goal.
When we seek the kingdom first,
all we've lost is ours again.
Let's be done with anxious thoughts,
set aside tomorrow's cares,
live each day that God provides,
putting all our trust in him.

“Don't Show Off Your Giving”

Biblical Reference: Matthew 6

Tune: Traditional Welsh melody (“Let All Things Now Living”)

Text: Copyright © 2011 by Carolyn Winfrey Gillette.

1. Don't show off your giving — the good you are doing.
But quietly give without public display.
Let prayer be in secret, your spirit renewing.
Don't heap empty phrases, but pray then this way:
"Our Father in heaven, may your name be holy.
We pray for your kingdom and our daily bread.
Forgive us our sins as we, too, pardon freely.
Protect us from troubles and evils we dread."

2. Whenever you're fasting, don't show off to others
In hopes that your neighbors will speak well of you.
Don't brag of your faith to your sisters and brothers,
For it is enough that God sees what you do.
Don't hoard earthly treasure or trust your possessions;
They rust and are stolen; you'll have them no more!
Instead seek God's kingdom — its worth never lessens -
And find your heart's treasure in things that endure.

3. The eye is a lamp and we need it for seeing,
So be like that lamp and let God's light shine through.
You can't serve two masters with all of your being,
So choose God or money! Which one will rule you?
And so, too, I tell you to put away worry
Of what you'll consume or the clothes that you'll wear.
God cares for the birds and gives flowers their glory,
So trust God for shelter and safety and care.

Seek Ye First”

Paraphraser: Karen Lafferty (1972)

Glory to God #175 | © 1972 Universal Music

1. Seek ye first the kingdom of God
And His righteousness;
And all these things shall be added unto you.
Hallelu, Hallelujah!

2. Ask, and it shall be given unto you;
Seek, and you shall find.
Knock, and it shall be opened unto you.
Hallelu, Hallelujah!

3. We shall not live by bread alone,
But by every word
That proceeds out from the mouth of God.
Hallelu, Hallelujah! Our sinful souls to save

“Sanna Sannanina”

Swahili text: trad. South African

*English paraphrase: "Holy, most holy Lord, Lord God of power
and might" by Greg Scheer | Glory to God#597*

Sanna, sannanina,
sanna, sanna, sanna.
Sanna, sannanina,
sanna, sanna, sanna.
Sanna, sanna, sanna sannanina,
sanna, sanna, sanna.
Sanna, sanna, sanna sannanina,
sanna, sanna, sanna.