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YOUR THOUGHTS. 12 WORDS (OR MORE). we're all on the journey

March 3, 2024 at 10:30am in Person & on Zoom

Welcome to CAPC Oakland!

We are a reformed, multicultural, community of followers of Jesus. Together we are committed to vigorously living our faith in our words, actions, and relationships in the East Bay.

In our community, face masks are not required, but always welcome. Masks are available in the entry.

As a community we are committed to being safe, open and real. We'd love to know you better. Use this QR Code to share your contact info or questions with our staff so we



can follow up. We will not sell. share or abuse your personal info.

CHILDREN

We are moving towards restarting Godly Play - "Sunday School" for children during our service. It's a Montessori-like approach to teaching children language to use to learn to express faith through the telling of Bible Stories. Until then we have quiet toys, and activity sheets around today's scripture in the play area up front.

PRAYER CARDS

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share you requests in the chat on ZOOM labeling it with 'prayer.'

WI-FI

Want Wi-Fi during our gathering? Select our network - Capc-net. Our password is 5951CAPC

CCL #1137062

GATHERING AROUND GOD'S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE "Sometimes I Feel Like A Motherless Child"

WORDS OF WELCOME

GATHERING SONG "Community" - Insert

CALL TO WORSHIP

SONG OF PRAISE "Sing With Hearts" - Blue Hymnal #484

LISTENING FOR GOD'S WORD

HEARING SCRIPTURE Romans 12:1-21

PROCLAIMING GOD'S WORD "Faith – We're All on the Journey"

-Louise Waters

RESPONDING TO GOD'S WORD

"Lift Every Voice And Sing" SONG OF RESPONSE - Blue Hymnal #339

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER.

Leader: God, in your mercy. People: Hear our prayer.

You can give electronically using this QR Code

COMMUNION - BEING NOURISHED IN OUR JOURNEY OF FAITH

AS WE CELEBRATE THE COMMUNION MEAL YOU ARE INVITED TO COME FORWARD TO RECEIVE BREAD AND A CUP FROM OUR SERVERS IN THE CENTER SPACE. WE WELCOME ALL WHO HUNGER FOR THE PEACE OF CHRIST

TABLE SONG "I Come With Joy" - Glory to God #515

COLLECTION OF THE OFFERING

THE LIFE OF THE CHURCH

THE GIFT OF GIVING -David Kittams

SENDING SONG "Goodness Is Stronger Than Evil" - Glory to God #750

SENDING CALL AND RESPONSE

Leader: And all the time! Leader: God is good! People: All the time! People: God is good!

EXHORTATION & BENEDICTION

PASSING THE PEACE OF CHRIST "Amani Ya Mungu" (Swahili)

POSTLUDE "Shady Grove"

Reflections on Today's Reading • Romans 12:1-21

In Lent this year, we're inviting different members of our church community to talk about faith. The word religion is often seen in a negative light these days; in particular in comparison to the words spiritual and spirituality. And the word "religion" is derived



from the Latin term *religio*, connected to the word *religare* (to relegate, to unite, to bind together). In Lent we're celebrating this notion that we are invited to practice our faith bound together in a living community. Each of us has a story, our stories can enrich and encourage each other. Our stories together are wrapped up in the story of God and the creation. As we say in our Lenten tag-line "we're all on the journey."

Today we're hearing from Louise Waters.

Romans 12:1-21

- ¹ I [the apostle Paul] appeal to you therefore, brothers and sisters, on the basis of God's mercy, to present your bodies as a living sacrifice, holy and acceptable to God, which is your reasonable act of worship. ² Do not be conformed to this age, but be transformed by the renewing of the mind, so that you may discern what is the will of God—what is good and acceptable and perfect.
- ³ For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think but to think with sober judgment, each according to the measure of faith that God has assigned. ⁴ For as in one body we have many members and not all the members have the same function, ⁵ so we, who are many, are one body in Christ, and individually we are members one of another. ⁶ We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ⁷ ministry, in ministering; the teacher, in teaching; ⁸ the encourager, in encouragement; the giver, in sincerity; the leader, in diligence; the compassionate, in cheerfulness.
- ⁹ Let love be genuine; hate what is evil; hold fast to what is good; ¹⁰ love one another with mutual affection; outdo one another in showing honor. ¹¹ Do not lag in zeal; be ardent in spirit; serve the Lord. ¹² Rejoice in hope; be patient in affliction; persevere in prayer. ¹³ Contribute to the needs of the saints; pursue hospitality to strangers.
- ¹⁴ Bless those who persecute you; bless and do not curse them.
 ¹⁵ Rejoice with those who rejoice; weep with those who weep. ¹⁶ Live in harmony with one another; do not be arrogant, but associate with the lowly; do not claim to be wiser than you are. ¹⁷ Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. ¹⁸ If it is possible, so far as it depends on you, live peaceably with all. ¹⁹ Beloved, never avenge yourselves, but leave room for the wrath of God, for it is written, "Vengeance is mine; I will repay, says the Lord." ²⁰ Instead, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink, for by doing this you will heap burning coals on their heads." ²¹ Do not be overcome by evil, but overcome evil with good.

QUESTIONS FOR REFLECTION & EXAMEN:

- What engaged, enraged, or surprised you in the text?
- What invitation do you hear the Spirit of God speaking to you

 or to us, to act, speak, be, or change, through this
 scripture?

March Birthdays

1 Al Barnes 6 Jeff Trowbridge 8 Breeze Ramirez 11 Michael Evans 12 Kristy McClain 17 Louise Hirschman 22 Ellen Brylawski 24 Marda Stothers 28 Lucian Haynes

March Anniversaries

3 Mike and Lori Castner 1979 10 Richard and Marge Harvey 2011 28 Maya Patil's adoption date 2003

Today at & around CAPC Oakland

Post Service Sanctuary Party! Join us for light snacks and the chance to connect after our service.

Letters of Love: *Everyone loves getting mail!* Pick up an addressed envelope in the back and write a note of encouragement and love to someone who could use a good word. Recipients and their situations are explained on the magnetic board.

This Week at & around CAPC Oakland

Community Bible Study Sunday Edition (Sundays 9:30-10:20am). Discussing the text used in our gathering each Sunday.

Church Directory • Help us update our church directory by correcting or adding any of your contact information. See the table in the back of the sanctuary.

Quilters Club Mondays 10a-12p, in the library.

Community Bible Study Wednesday Edition

Wednesdays at 7pm on Zoom. This week we're wrestling with Psalm 88 & 109.

Book Club • We're discussing part 5 of *The Second Mountain* by David Brooks. – Friday 3/8 at 11am on Zoom.

Friday Night Meal – Fridays 6-7:00pm. Sign up online to help with set-up, serving, & clean-up! *Marji & Dann Wilkens are cooking.* Sarah Evangelista is the host.

Women's Group: Saturday 9:30-10:30am (Zoom)

Faith in the Public Square • Ceasefire in Gaza • We're discussing the call to action by the Interfaith Movement for Human Integrity on Zoom on Thursday, March 7th at 7pm. Learn more on our website with this QR Code.

You can also learn more about what our national church – the PCUSA – is saying and doing about the Hamas-Israel war in Gaza via the Facebook page for Israel/Palestine Mission Network of the Presbyterian Church - USA @ipmnpcusa or on our church blog.

Lyrics & Responses for Today's Celebration

We affirm that God is neither male nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship, able to identify with the lyrics of songs and the words of our communal prayers through our use of gender inclusive language.

"Community"

Dave Brown, Tune In Brunswick Uniting Church congregation

Chorus

Part of a family, interconnected, this is community Welcoming strangers, visiting neighbors, this gives us dignity

- 1. Care for the earth and sea, we need to keep them free, so we care for the earth and sea. Care for the ones we meet, love is the face we see, when we care for the ones we meet.
- 2. Sharing our joy and pain, praying and keeping faith, by sharing our joy and pain. Singing a song of rights, imaging God in life, by singing a song of rights.
- 3. Talk to the lonely, bind up the broken, this makes community. A glass of water shared with the thirsty, this makes for dignity, this makes for dignity. This is community

Call to Worship Opening Litany

Based on Psalm 113

One: Behold, how good and pleasant it is when sisters and brothers dwell in unity!
It is like vistas seen from atop a mountain one has climbed, or like the stillness of a sunset after a long day's work.
It is like a shimmering rainbow, breaking through a refreshing rain.

Call to Worship Opening Litany

Continued....

ALL: When people dwell together in unity, God's goodness and grace are clearly seen and celebrated.

Be with us today as we worship and as we thank you, O Holy One! Through Jesus Christ, the world's Redeemer, we pray. Amen.

"Sing With Hearts"

Jonathan Malicsi (1983) | Blue Presbyterian Hymnal #484

Refrain:

Sing with hearts, sing with souls, Dance with joy to God. To whom we offer praises, To whom we sing with gladness.

- 1. Let all our hearts open to the Lord God, Let all the heavens hear how our hearts rejoice; For it is God who has given us graces, From whom comes the music in our voice. O Lord, we sing with joyful hearts, with soul and body offer we our arts.
- 2. Let all our bodies sway to God's music, Let all the earth move with our feet and hands; For it is God who inspires and uplifts us, From whom flows all rhythm in our dance. O Lord, we sing with joyful hearts, with soul and body offer we our arts.
- 3. Let all our souls shine out with God's beauty, Let all creation feel our love for God; For it is God who has granted us wisdom, In whom we find reality and dream.

 O Lord, we sing with joyful hearts, with soul and body offer we our arts.

"Lift Every Voice And Sing"

James Weldon Johnson (1900) Glory to God #339 | The Blue Hymnal #563

1 Lift ev'ry voice and sing, till earth and heaven ring, ring with the harmonies of liberty. Let our rejoicing rise high as the list'ning skies, let it resound loud as the rolling sea. Sing a song full of the faith that the dark past has taught us. Sing a song full of the hope that the present has brought us. Facing the rising sun of our new day begun, let us march on till victory is won.

2 Stony the road we trod, bitter the chast'ning rod, felt in the days when hope unborn had died; yet with a steady beat, have not our weary feet come to the place for which our people sighed? We have come over a way that with tears has been watered. We have come, treading our path thro' the blood of the slaughtered, out from the gloomy past, till now we stand at last where the bright gleam of our bright star is cast.

3 God of our weary years,
God of our silent tears,
thou who hast brought us thus far on the way,
thou who hast by thy might
led us into the light,
keep us forever in the path, we pray.
Lest our feet stray from the places,
our God, where we met thee;
lest our hearts, drunk with the wine
of the world, we forget thee;
shadowed beneath thy hand,
may we forever stand,
true to our God,
true to our native land.

"I come with joy to meet my Lord"

Author: Brian A. Wren (1970) Glory to God #515

1 I come with joy, a child of God, forgiven, loved, and free, the life of Jesus to recall, in love laid down for me, in love laid down for me.

2 I come with Christians far and near to find, as all are fed, the new community of love in Christ's communion bread, in Christ's communion bread.

3 As Christ breaks bread and bids us share, each proud division ends.
The love that made us, makes us one, and strangers now are friends, and strangers now are friends.

4 The Spirit of the risen Christ, unseen, but ever near, is in such friendship better known, alive among us here, alive among us here.

5 Together met, together bound by all that God has done, we'll go with joy, to give the world the love that makes us one, the love that makes us one.

"Goodness Is Stronger Than Evil"

Text: Desmund Tutu, 1994; Music: John L. Bell, 1996 Glory to God Hymnal #750

Goodness is stronger than evil; love is stronger than hate; light is stronger than darkness; life is stronger than death. Victory is ours; victory is ours through God who loves us. Victory is ours; victory is ours through God who loves us.