

College Avenue Presbyterian Church  
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**seeking:**  
Will you give  
me a drink?



March 12, 2023 at 10:30am  
in Person & on Zoom

### Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus. Together we seek to vigorously live our faith in our words, actions, and relationships in the East Bay.

In this time of disruption and new normal we gather hybrid-ly (both in person and via Zoom).

This allows us to gather together and be consistent with our values and commitments.

We ask that you wear a mask during worship as some of our community (our children in particular) have high health risks.

### CHILDREN

We've reconfigured out how to do our Godly Play program for children via Zoom. We meet 9:30-10am on Sundays via Zoom. Info in the announcements on the back.

### HYBRID WORSHIP

We do our Sunday Gatherings hybrid style – both in person and online for those that prefer that option. We're seeking to do that, using Zoom, to affirm our value of participation and collaboration in our gatherings.

### PRAYER CARDS

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share your requests in the chat on ZOOM labeling it with 'prayer.'

### WIFI

Capc1 | PW 5106583666

CCL #1137062

GATHERING AROUND GOD'S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE "Turn Me Around"

GATHERING SONG "Shall We Gather At The River" - Insert

CALL TO WORSHIP - The Blessing Bag Crew

SONG OF PRAISE "Fill My Cup" - Insert

LISTENING FOR GOD'S WORD

HEARING SCRIPTURE Exodus 17:1-7 & John 4:5-42  
- The Blessing Bag Crew

PROCLAIMING GOD'S WORD - Rev. Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE "Jesus Met The Woman At The Well" - Insert

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER.

Leader: God, in your mercy.

**People: Hear our prayer.**

COLLECTION OF OUR OFFERINGS AND GIFTS

OFFERING SONG "Thirsty" - Insert

THE LIFE OF THE CHURCH

SENDING SONG "Guide Me O Thou Great Jehovah" - Glory to God #65

SENDING CALL AND RESPONSE

Leader: God is good!

**People: All the time!**

Leader: And all the time!

**People: God is good!**

EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD "Udo diri gi" (Udo, spoken in Nigeria)

POSTLUDE "Fly Me To The Moon"

## Reflections on Today's Readings Exodus 17:1-7 & John 4:5-42

Today's stories seem far from what we live...traveling in the desert, going to a well for water. And yet....

The Israelites cry out in fear that God has abandoned them. They look around and see no water, this scarcity leads them to fear. How will they survive without this necessary resource? This fear dulls the faith that they've been developing in the God that led them out of the bonds as slaves, through the destruction of the sea, and beyond the threat of Pharaoh's chariots. They're so afraid that they even long for the certitude of their formerly enslaved lives. How would that God not continue to provide for them in the wilderness after all that?

Jesus is tired, hot, thirsty, hungry after traveling. He sits down at this well in Samaria while his friends scout provisions. This woman has no name. She is judged by her community for the story of her life and loves. She is judged by the Israelites for being a Samaritan, a marginal group rejected by racist and religious ideas. So, she avoids everyone coming alone at the hottest time of day to draw water when no one will be there. We think of the woman needing Jesus, yet in the story we see that Jesus needs the woman too. Jesus needs water. He needs her to be a witness. The woman needs living water. She needs to be recognized as a beloved child of God. She needs to be seen through the lens of mutual need, not just be defined by social stigmas.

We often see this Gospel story as a bridge-building one. It's a reminder to be brave enough to cross boundaries and offer a drink to those society may separate from us. And it is. And also, it reminds us that God designed this whole world to run on benevolent connection, rooted in our *mutuality of need*. And this requires us to not just be charitable, but vulnerable.

The question for us this Lent is not only whether we would extend a drink; it's whether we will be brave enough to as God for one when we need it.\*

### QUESTIONS FOR REFLECTION & EXAMEN:

- What engaged, enraged, or surprised you in this text?
- How and when does the fear of scarcity dull your faith in God's presence and provision?
- How are you like the Israelites?; the Samaritan woman?
- What invitation do you hear the Spirit of God speaking to you – or to us, as a church – to act, speak, be or change through this word of scripture?

\*Some wording come from Lenten devotions written by Rev. Danielle Shroyer & Rev. Lauren Wright Pittman | A Sanctified Art LLC



## March Birthdays

8 Breeze Ramirez	11 Michael Evans
12 Kristy McClain	17 Louise Hirschman
22 Ellen Brylawski	24 Marda Stothers
28 Lucian Haynes 2010	

## March Anniversaries

10 Richard and Marge Harvey 2011
28 Maya Patil's adoption date 2003

## Today at & around CAPC Oakland

**Post Service Garden Party!** Join us for light snacks and the chance to connect after our service.

**Letters of Love:** *Everyone loves getting mail!* Pick up an addressed envelope in the back and write a note of encouragement and love to someone who could use a good word. Recipients and their situations are explained on the magnetic board.

## This Week at & around CAPC Oakland

**Community Bible Study (Wrestling with Scripture) – Tues 7pm on Zoom | John 9:1-41**

**Friday Night Meal – Fridays 6:00-7:00PM.**

Sign up online to help with set-up, serving, and clean-up – this -or any Friday!  
[Capcoakland.org/](http://Capcoakland.org/) or use this QR Code

**Women's Group:** Saturday 9:30-10:30am on Zoom.

**Godly Play:** we're beginning in person Godly Play during Sunday Worship on Palm Sunday – April 3<sup>rd</sup>. Come to an Info and Q&A session about Godly Play with Monte and the GP Leaders on Sunday, March 19<sup>th</sup> after worship (30 mins in the Godly Play Room)

**St Patricks' Day Meet-up** for BYO food and fun – this Friday, 3/17 at 1pm at the Golden Squirrel

**Lent Devotionals** – pick one up in the entryway.

**Spiritual Journey Groups during Lent** – Look for information about these small groups in the entry.

**Practicing Sabbath Meet Up 1 Saturday, March 18<sup>th</sup> at 9:00am** we'll walk Lake Merritt together. Meet at E 18th @ Lakeshore Ave

**Congregational Meeting Sunday, March 26<sup>th</sup>** – Save the date for our annual meeting to elect new elders and deacons, and receive the budget. Look for budget and nomination info next week 3/19.

### Thank You to Today's Leadership:

Godly Play: Cameron Beatty  
Music: Pete Feltman, Dave Eagle, Ben Kramarz, Roger Kim  
Prayer Liturgist: Myrna Shadley  
Reader-Liturgist: The Blessing Bag Crew (Sharon Nelson, Linda Davis, Ann Iverson, Joy Barnes)  
Video Tech: Thom Faulkner, Dann Wilkens, Albert Hussian



## LYRICS & RESPONSES FOR TODAY'S CELEBRATION

*We affirm that God is neither male nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship; able to identify with the lyrics of songs and the words of our communal prayers through our use of gender inclusive language*

### Shall We Gather At The River

Author: Robert Lowry (1864)

Glory to God #375

1 Shall we gather at the river,  
where bright angel feet have trod,  
with its crystal tide forever  
flowing by the throne of God?

*Refrain:*

Yes, we'll gather at the river,  
the beautiful, the beautiful river;  
gather with the saints at the river  
that flows by the throne of God.

2 On the margin of the river,  
washing up its silver spray,  
we will walk and worship ever,  
all the happy golden day.

3 Ere we reach the shining river,  
lay we every burden down;  
grace our spirits will deliver,  
and provide a robe and crown.

4 Soon we'll reach the shining river;  
soon our pilgrimage will cease;  
soon our happy hearts will quiver  
with the melody of peace.

**Call to Worship** ~ Prayer by Rev. Sarah A. Speed  
*A Sanctified Art LLC | sanctifiedart.org.*

One: We gather together—

**ALL: the seekers, the dreamers,  
the shooting-star wishers,  
in hopes of seeing God.**

One: We gather together—

**ALL: the curious, the hungry,  
the loving, the lonely,  
in hopes of finding peace.**

One: We gather together—

**ALL: those who are thirsty  
and those with water to spare,  
in hopes of finding justice.**

One: So, come to the well,  
come to the table.  
Come, let us worship God. Amen.

### Fill My Cup

Isaiah Jones, Jr. (1969)

Glory to God #699.

*Chorus*

Fill my cup, let it overflow;  
Fill my cup, let it overflow;  
Fill my cup, let it overflow;  
Let it overflow with love.

1. Lord, let me be Your instrument,  
Spreading sunshine in the land;  
Let people see Your works in me;  
Help me live the best I can.

2. It's my desire to live for You  
And to always walk upright;  
Give me strength to face each day;  
Stay with me through each dark night.

### Jesus Met The Woman At The Well

*traditional spiritual*

1. Jesus met the woman at the well  
Jesus met the woman at the well  
Jesus met the woman at the well  
And he told her everything she'd ever done

2. He said, "Woman, woman,  
where is your husband?"  
He said, "Woman, woman,  
where is your husband?"  
He said, "Woman, woman,  
where is your husband?"  
"I know everything you've ever done"

3. She said, "Jesus, Jesus, I ain't got no husband"  
She said, "Jesus, Jesus, I ain't got no husband"  
She said, "Jesus, Jesus, ain't got no husband"  
"And You don't know  
everything I've ever done"

*continued on back of the page...*

4 He said, "Woman, woman,  
you've got five husbands"  
He said, "Woman, woman,  
you've got five husbands"  
He said, "Woman, woman,  
you've got five husbands"  
"And the one you have now, he's not your own"

5. She said, "This man, this man,  
He must be a prophet"  
She said, "This man, this man,  
He must be a prophet"  
She said, "This man, this man,  
He must be a prophet"  
"He done told me everything I've ever done"

### **Thirsty**

*Brenton Brown / Glenn Robertson*  
© Vineyard Songs (uk Eire)

1. All who are thirsty,  
all who are weak  
Come to the fountain  
Dip your heart in the stream of life  
Let the pain and the sorrow  
Be washed away  
In the waves of his mercy  
As deep cries out to deep, we sing

*(Chorus)*

Come Lord Jesus come  
Come Lord Jesus come  
Come Lord Jesus come  
Holy Spirit come  
Holy Spirit come  
Holy Spirit come

2 All who are needy  
The world has forgot  
Come to the table  
Be fed and hunger not  
Let your heart that's despairing  
Be lifted up,  
in the waves of his mercy  
as deep cries out to deep,  
we sing

*chorus*

### **Guide Me O Thou Great Jehovah**

*Author: William Williams (1745);*  
*Translator: Peter Williams (1771)*  
*Welsh | Glory to God #65*

1 Guide me, O thou great Jehovah,  
pilgrim through this barren land.  
I am weak, but thou art mighty.  
Hold me with thy powerful hand.  
Bread of heaven, bread of heaven,  
feed me till I want no more;  
feed me till I want no more.

2 Open now the crystal fountain,  
whence the healing stream doth flow.  
Let the fire and cloudy pillar  
lead me all my journey through.  
Strong deliverer, strong deliverer,  
be thou still my strength and shield;  
be thou still my strength and shield.

3 When I tread the verge of Jordan,  
bid my anxious fears subside.  
Death of death, and hell's destruction,  
land me safe on Canaan's side.  
Songs of praises, songs of praises  
I will ever give to thee;  
I will ever give to thee.