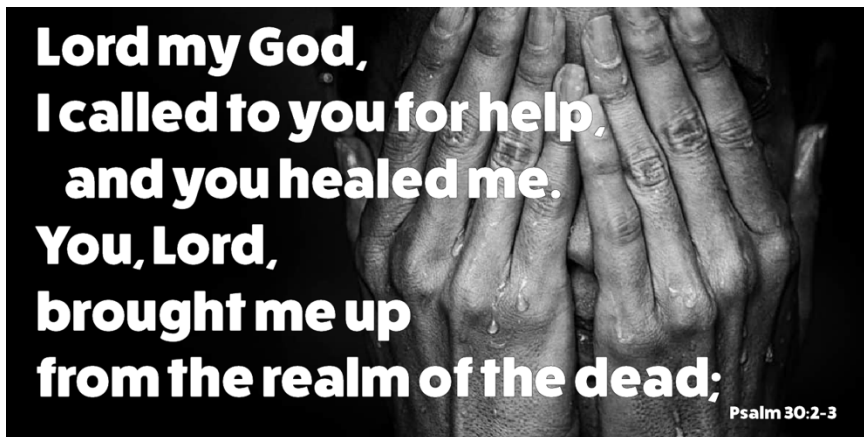


College Avenue Presbyterian Church
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 Pastor Monte: Cell 510.520.0746
 montemclain@gmail.com



Sunday • June 11, 2023 at 10:30am
 in Person & on Zoom

**Welcome to
 CAPC Oakland!**

We are a reformed, multicultural, politically purple, community of followers of Jesus. Together we seek to vigorously live our faith in our words, actions, and relationships in the East Bay.

In this time of disruption and new normal we gather hybrid-ly (both in person and via Zoom).

This allows us to gather together and be consistent with our values and commitments.

We ask that you wear a mask during worship as some of our community (our children in particular) have high health risks.

CHILDREN

We've reconfigured out how to do our Godly Play program for children via Zoom. We meet 9:30-10am on Sundays via Zoom. Info in the announcements on the back.

HYBRID WORSHIP

We do our Sunday Gatherings hybrid style – both in person and online for those that prefer that option. We're seeking to do that, using Zoom, to affirm our value of participation and collaboration in our gatherings.

PRAYER CARDS

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share you requests in the chat on ZOOM labeling it with 'prayer.'

WIFI

Capc1 | PW 5106583666
 CCL #1137062

GATHERING AROUND GOD'S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE "Out Of The Depths / Goodness Is Stronger Than Evil"

GATHERING SONG "Come Live In The Light (We Are Called)" - *Glory to God #749*

CALL TO WORSHIP - *Elaine Price*

SONG OF PRAISE "Better Is One Day" - *Insert*

Children are invited to depart for Godly Play upstairs with today's Story-Teller

LISTENING FOR GOD'S WORD - *Elaine Price*

HEARING SCRIPTURE Psalm 30 & Matthew 9:9-13, 18-26

PROCLAIMING GOD'S WORD - *Carol Dolezal*

RESPONDING TO GOD'S WORD

SONG OF RESPONSE "Come As You Are" - *Insert*

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER - *Chickwendu Okereke*

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER.

Leader: God, in your mercy.

People: Hear our prayer.

COLLECTION OF OUR OFFERINGS AND GIFTS

OFFERING SONG "In The Lord I'll Be Ever Thankful" - *Glory to God # 654*

THE LIFE OF THE CHURCH

SENDING SONG "Jesus Christ Is Waiting" - *Insert*

SENDING CALL AND RESPONSE

Leader: God is good!

People: All the time!

Leader: And all the time!

People: God is good!

EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD "Amahoro yi Imana Abane Nawe" - *Rwandan*

POSTLUDE "All Blues"

Reflections on Today's Readings
Psalm 30 & Matthew 9:9-13, 18-26
•Facing Sudden Loss •



We all can relate to the prayer of grief, anguish and hope in Psalm 30. It also sounds like a prayer that the bleeding woman, or the tax collectors and other “sinners” identified in Mathew 9 by the “righteous” – just might be uttering in the silence of their heart. Grief, Mourning, Loss and struggling for hope are feelings, and journeys that we all face in life.

The sudden, unexpected loss of a loved one or friend can be an especially difficult experience. Loss in itself is painful, but sudden loss that gives no chance to prepare can feel both painful and intensely shocking.

You may feel cheated of the chance to say the last words you would have liked to say or give one final hug or kiss. Feeling cheated in this way can add weight to your grief, anguish, and despair.

It helps to remember that emotional pain isn't constant, and that your intense feelings of grief will not last forever. You will love forever, but you do not need to grieve forever to honor that love.

Keep in mind that it is important to:

Love yourself and take special care of yourself through the grief.

Do your mourning now. Being strong and brave is important, but never miss an opportunity to cry. That is not self-indulgent, but simply sensible and honest in dealing with your emotions.

Express your feelings as you heal. Feelings that are repressed do not go away. So vent your feelings. You may need to say those words you didn't get to say, or find some other tangible way to say goodbye, even if the person you loved is no longer living.

Get support from other people. This may include relying on friends, family, a clergy person or seeking support from a professional counselor. Many people who have experienced sudden loss find great help in support groups, with other people who have experienced this type of loss.

Redacted from a post at <https://hospicefoundation.org/>

QUESTIONS FOR REFLECTION & EXAMEN:

- What engaged, enraged, or surprised you in these texts?
- When have you prayed the prayer of psalm 30?
- What does “grief lasts but for a night but joy comes in the morning” mean for you?
- What invitation do you hear the Spirit of God speaking to you – *or to us, as a church* – to act, speak, be, or change, through this word of scripture?

June Birthdays

12 Daniel Trowbridge 13 Lina Foltz Careaga
14 Patt Schroeder 15 Brian Trowbridge
18 Marji Wilkens 24 Beth Beatty
29 Sophie McClain

June Anniversaries

26 Bill and Beth Beatty 1965

Today at & around CAPC Oakland

Post Service Garden Party! Join us for light snacks and the chance to connect after our service.

Letters of Love: *Everyone loves getting mail!* Pick up an addressed envelope in the back and write a note of encouragement and love to someone who could use a good word. Recipients and their situations are explained on the magnetic board.

This Week at & around CAPC Oakland

There is no Community Bible Study (Wrestling with Scripture) – this week.

Friday Night Meal – Fridays 6:00-7:00PM.

Sign up online to help with set-up, serving, and clean-up – this -or *any* Friday! This coming week our partners of Montclair Presbyterian are cooking.

Women's Group: Saturday 9:30-10:30am on Zoom.

R U a Heretic ? Our class is over and you can work through the materials on your own to reflect on your own faith. Get a pen and some paper and go online at www.capcoakland.org/ru-a-heretic.

New Church Directory – we're putting together a new church directory. Take a moment to look at your address/contact info and correct anything that needs it. Lists are in the back of the sanctuary.

Mental Health Awareness Month– we're talking about Mental Health & Wellness all month in worship. Find resources and helpful links on our blog at www.capcoakland.me. *Thank you to Carol Dolezal for sharing with us in worship today from her life and professional experience.*

Next Week – Sunday June 18th – Karl Shadley is preaching (also on 6/25) as Monte is on vacation from 6/17-7/1. *If you need emergency pastoral care during this time you can contact Karl at (510) 435-4264 or Bill Beatty at (510) 851-2237*

Thank You to Today's Leadership:

Godly Play: Beth Beatty
Music: Pete Feltman, Dave Eagle,
Ben Kramarz, & Roger Kim
Liturgist Prayer:
Liturgist Reader: Elaine Price
Video Tech: Dann Wilkens, Thom Faulkner, Albert Hussian

LYRICS & RESPONSES FOR TODAY'S CELEBRATION

We affirm that God is neither male nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship; able to identify with the lyrics of songs and the words of our communal prayers through our use of gender inclusive language

“Come Live In The Light (We Are Called)”

David Haas | Glory to God #749

1. Come live in the light
Shine with the joy and the love of the Lord
We are called to be light for the kingdom
To live in the freedom of the city of God

chorus

We are called to act with justice
We are called to love tenderly
We are called to serve one another
To walk humbly with God

2. Come open your heart
Show your mercy to all those in fear
We are called to be hope for the hopeless
So all hatred and blindness will be no more

3. Sing sing a new song
Sing of that great day when all will be one
God will reign and we'll walk with each other
As sisters and brothers united in love

Call to Worship Opening litany

~ —Psalm 32 the Message Translation

One: One: Count yourself lucky,
how happy you must be—
you get a fresh start,
your slate's wiped clean.

**ALL: Count yourself lucky—
God holds nothing against you
and you're holding nothing back from him.**

One: When I kept it all inside,
my bones turned to powder,
my words became daylong groans.
The pressure never let up;
all the juices of my life dried up.

**ALL: Then I let it all out;
I said, “I'll come clean about my failures to God.”**

**Suddenly the pressure was gone—
my guilt dissolved,
my sin disappeared.**

One: These things add up. Every one of us needs to pray;
when all hell breaks loose and the dam bursts
we'll be on high ground, untouched.

**ALL: God's my island hideaway,
keeps danger far from the shore,
throws garlands of hosannas around my neck.**

One: Let me give you some good advice;
I'm looking you in the eye
and giving it to you straight:

**ALL: “Don't be ornery like a horse or mule
that needs bit and bridle
to stay on track.”**

One: God-defiers are always in trouble;
God-affirmers find themselves loved
every time they turn around.

**ALL: Celebrate God.
Sing together—everyone!
All you honest hearts, raise the roof!**

“Better Is One Day”

Author: Matt Redman

1 How lovely is your dwelling place,
O Lord Almighty.
For my soul longs and even faints for you.
For here my heart is satisfied,
within your presence.
I sing beneath the shadow of your wings.

Refrain:

Better is one day in your courts,
better is one day in your house,
better is one day in your courts

than thousands elsewhere.

Better is one day in your courts,
better is one day in your house,
better is one day in your courts
than thousands elsewhere,
than thousands elsewhere.

2 One thing I ask and I would seek:
to see your beauty,
to find you in the place your glory dwells.
One thing I ask and I would seek:
to see your beauty,
To find you in the place your glory dwells.

[Refrain]

Bridge:
My heart and flesh cry out
for you, the living god;
your Spirit's water to my soul.
I've tasted and I've seen,
come once again to me;
I will draw near to you,
I will draw near to you.

[Refrain]

"Come As You Are"

Author: Dierdre Browne

1. Come as you are, that's how I want you
Come as you are, feel quite at home
Close to my heart, loved and forgiven
Come as you are, why stand alone?
2. No need to fear, love sets no limits
No need to fear, love never ends
Don't run away, shamed and disheartened
Rest in my love, trust me again
3. I came to call sinners, not just the virtuous
I came to bring peace, not to condemn
Each time you fail, to live by my promise
Why do you think, I'd love you the less?
4. Come as you are, that's how I love you
Come as you are, trust me again
Nothing can change, the love that I bear you
All will be well, just come as you are.

In The Lord I'll Be Ever Thankful

Author: Communauté de Taizé | Glory to God #654

© 1986, 1991 Les Presses de Taizé (Admin. GIA Publications)

In the Lord I'll be ever thankful,
In the Lord I'll rejoice.
Look to God, do not be afraid,
Lift up your voices, the Lord is near;
Lift up your voices the Lord is near.

Jesus Christ Is Waiting

John L. Bell; Author: Graham Maule

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Ancient and Modern: hymns and songs for refreshing worship #563

1. Jesus Christ is waiting, waiting in the streets;
no one is his neighbor, all alone he eats.
Listen, Lord Jesus, I am lonely too.
Make me, friend or stranger, fit to wait on you.
2. Jesus Christ is raging, raging in the streets,
where injustice spirals, and real hope retreats.
Listen, Lord Jesus, I am angry too.
In the Kingdom's causes, Let me rage with you.
3. Jesus Christ is healing, healing in the streets;
curing those who suffer, touching those he greets.
Listen, Lord Jesus, I have pity too.
Let my care be active, healing just like you.
4. Jesus Christ is dancing, dancing in the streets,
where each sign of hatred he, with love, defeats.
Listen, Lord Jesus, I should triumph too.
On suspicion's graveyard, let me dance with you.
5. Jesus Christ is calling, calling in the streets,
"Who will join my journey? I will guide their feet."
Listen, Lord Jesus, let my fears be few.
Walk one step before me; I will follow you.