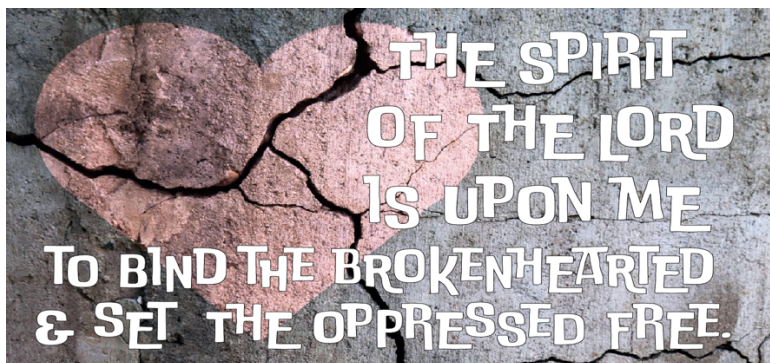


College Avenue Presbyterian Church
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Pastor Monte: Cell 510.520.0746
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Sunday • June 4, 2023 at 10:30am
in Person & on Zoom

Welcome to CAPC Oakland!

We are a reformed, multicultural, politically purple, community of followers of Jesus. Together we seek to vigorously live our faith in our words, actions, and relationships in the East Bay.

In this time of disruption and new normal we gather hybrid-ly (both in person and via Zoom).

This allows us to gather together and be consistent with our values and commitments.

We ask that you wear a mask during worship as some of our community (our children in particular) have high health risks.

CHILDREN

We've reconfigured out how to do our Godly Play program for children via Zoom. We meet 9:30-10am on Sundays via Zoom. Info in the announcements on the back.

HYBRID WORSHIP

We do our Sunday Gatherings hybrid style – both in person and online for those that prefer that option. We're seeking to do that, using Zoom, to affirm our value of participation and collaboration in our gatherings.

PRAYER CARDS

To operationalize participation in our Prayers of the People we invite you to fill out a prayer card and share it with the liturgist or to share you requests in the chat on ZOOM labeling it with 'prayer.'

WIFI

Capc1 | PW 5106583666

CCL #1137062

GATHERING AROUND GOD'S WORD BOTH IN PERSON & VIA ZOOM

PRELUDE

"Pure Imagination"

GATHERING SONG

"Live Into Hope"

- Glory to God # 772

CALL TO WORSHIP

SONG OF PRAISE

"O For A Thousand Tongues To Sing" - Blue Hymnal # 466

Children are invited to depart for Godly Play upstairs with today's Story-Teller

LISTENING FOR GOD'S WORD

HEARING SCRIPTURE

Isaiah 61:1-7 & John 5:1-16

PROCLAIMING GOD'S WORD

"Healing the Brokenhearted" - Rev. Monte McClain

RESPONDING TO GOD'S WORD

SONG OF RESPONSE

"Jesus Shall Reign Where'er The Sun" - Glory to God # 265

COMING TO THE TABLE

PRAYERS OF THE PEOPLE & THE LORD'S PRAYER

- Myrna Shadley

WE USE A CALL AND RESPONSE LITURGICALLY PRAYED AT THE CONCLUSION OF SHARING A PRAYER.

Leader: God, in your mercy.

People: Hear our prayer.

COMMUNION – BEING NOURISHED IN OUR JOURNEY OF FAITH

AS WE CELEBRATE THE COMMUNION MEAL YOU ARE INVITED TO COME FORWARD TO RECEIVE BREAD AND A CUP FROM OUR SERVERS IN THE CENTER SPACE. WE WELCOME ALL WHO HUNGER FOR THE PEACE OF CHRIST

TABLE SONG

"Morning Has Broken"

- Blue Hymnal #469

COLLECTION OF OUR OFFERINGS AND GIFTS

THE LIFE OF THE CHURCH

SENDING SONG

"My Lord What A Morning"

- Glory to God # 352

SENDING CALL AND RESPONSE

Leader: God is good!

Leader: And all the time!

People: All the time!

People: God is good!

EXHORTATION & BENEDICTION

PASSING THE PEACE OF GOD "Amahoro yi Imana Abane Nawe"

- Rwandan

POSTLUDE

"June Apple"

Reflections on Today's Readings Isaiah 61:1-7 & John 5:1-16



The reading from the prophet Isaiah today speaks of God's desire for justice, wholeness, and well-being for humanity. It's a word spoken to the Israelites in the depressing disarming darkness of the exile in Babylon. God points to a new day that is dawning, of restoration, redemption and healing. Jesus reads this same scripture in the synagogue in Luke 4, saying that in him it's accomplished. Jesus appropriates this message of release for the captives, good news for the poor and healing for the brokenhearted as the ethos of his work and mission.

We hear a curious story in John 5 about the disabled, or paralyzed man who Jesus heals. He whines about not being healed, complaining that other seemingly younger "whippersnappers" beat him to the healing waters. He then doesn't answer Jesus' question about if he wants to be healed. He doesn't take the time to look and see who Jesus is – even as he heals him. And then he goes and narks on Jesus, outing him as healing on the sabbath to the religious leaders. All of that seems to be besides the point as Jesus heals this man who is stuck – stuck in his disability, stuck in his view of himself as a victim, disempowered, or forgotten; stuck in defining himself only by his lacks and sickness.

Today we might identify this man as depressed, for he demonstrates some of the classic symptoms of depression: 1. Persistent sad, anxious or "empty" mood; 2. Difficulty concentrating, remembering, or making decisions; 3. Decreased energy, fatigue, feeling "slowed down"; 4. Feelings of guilt, worthlessness, helplessness, pessimism.

Isaiah talks of binding or healing the broken hearted. In the Jewish world-view, the heart was the center of ones being: ones thoughts, identity, choices and moral character. Having your heart broken in to pieces, or shattered; would imply a total destruction of the self. Here Jesus looks beyond that, seemingly recognizing the man's inability to choose what he needs...so he chooses for him.

QUESTIONS FOR REFLECTION & EXAMEN:

- What engaged, enraged, or surprised you in these texts?
- When have you felt broken-hearted? Depression and mental illness can lead to this shattering of the self. How might the man in the story of John 5 be broken-hearted?
- What do you notice about the conversation between Jesus and the disabled/paralyzed man? What's John trying to communicate through his retelling of this healing story?
- What invitation do you hear the Spirit of God speaking to you – *or to us, as a church* – to act, speak, be, or change, through this word of scripture?

June Birthdays

12 Daniel Trowbridge 13 Lina Foltz Careaga
14 Patt Schroeder 15 Brian Trowbridge
18 Marji Wilkens 24 Beth Beatty
29 Sophie McClain

June Anniversaries

3 Margaret Smith and Patrick Fisher
26 Bill and Beth Beatty 1965

Today at & around CAPC Oakland

Post Service Garden Party! Join us for light snacks and the chance to connect after our service.

Letters of Love: *Everyone loves getting mail!* Pick up an addressed envelope in the back and write a note of encouragement and love to someone who could use a good word. Recipients and their situations are explained on the magnetic board.

This Week at & around CAPC Oakland

Community Bible Study (Wrestling with Scripture) – Tues 7pm on Zoom We're wrestling with Matthew 9:9-13, 18-26 & Psalm 30

Friday Night Meal – Fridays 6:00-7:00PM.

Sign up online to help with set-up, serving, and clean-up – this -or *any* Friday! This coming week Tim Hsu is cooking.

Women's Group: Saturday 9:30-10:30am on Zoom.

R U a Heretic ? Wednesdays at 7pm on Zoom. – Thinking through your own faith as we look at the historic heresies. This week we talking about your heresies – or at least those you chose. *Info online.*

New Church Directory – we're putting together a new church directory. Take a moment to look at your address/contact info and correct anything that needs it. Lists are in the back of the sanctuary.

Mental Health Awareness Month– we're talking about Mental Health & Wellness all month in worship. Find resources and helpful links on our blog at www.capcoakland.me.



Next Week – Sunday June 11th – Carol Dolezal is preaching, sharing around grief and mourning.

Church Retreat 2023. We've canceled this year's all-church retreat with Frist Presbyterian Church of Alameda. More info in the entryway.

Thank You to Today's Leadership:

Godly Play: Beth Beatty
Music: Pete Feltman, Dave Eagle,
Ben Kramarz, & Roger Kim
Liturgist Prayer: Myrna Shadley
Video Tech: Albert Hussian, Thom Faulkner

LYRICS & RESPONSES FOR TODAY'S CELEBRATION

We affirm that God is neither male nor female – but wholly and holy other. In doing so, we seek to empower each person to participate fully in worship; able to identify with the lyrics of songs and the words of our communal prayers through our use of gender inclusive language

“Live Into Hope”

Author: Jane Parker Huber (1976)

Glory to God #772 | © 1980 Jane Parker Huber

1. Live into hope of captives freed,
of sight regained, the end of greed.
The oppressed shall be the first to see
the year of God's own jubilee!

2. Live into hope! The blind shall see
with insight and with clarity,
removing shades of pride and fear,
a vision of our God brought near.

3. Live into hope of liberty,
the right to speak, the right to be,
the right to have one's daily bread,
to hear God's word and thus be fed.

4. Live into hope of captives freed
From chains of fear or want or greed.
God now proclaims our full release
To faith and hope and joy and peace.

Call to Worship Opening litany

~ —based on Ex. 15:26; Mk. 2:17; Is. 6:10; the Nicene Creed

One: Do you want to be healed?
Jesus Christ invites us into his healing presence
with these words:

“I am the Lord, who heals you.”

**All: Diseased, depressed, dysfunctional, defeated,
we come hungering for health
that only God can provide.**

One: Jesus calls us to bring open eyes,
hearing ears,
and tender hearts turned toward him,
the Great Physician.

We bow before him in faith and expectancy!

**All: We bow before him, God from God,
Light from Light,**

**true God from true God, begotten, not made;
one with the Father and the Holy Spirit.
Through him all things were made. Alleluia!**

“O For A Thousand Tongues To Sing”

Author: Charles Wesley (1739)

1 O for a thousand tongues to sing
my dear redeemers praise
The glories of my God and king,
the triumphs of God's grace

2. My gracious master and my God
assist me to proclaim
To spread through all the earth abroad
the honors of thy name

3. Jesus, the name that charms our fears
that bids our sorrows cease
Tis music in the sinners ears,
tis life and health and peace

4. He breaks the power of cancelled sin
and sets the prisoners free
His blood can make the foulest clean,
his blood availed for me

5. Hear him ye deaf, his praise ye dumb
your loosened tongues employ
Ye blind behold your Savior come
and leap ye lame for joy!

“Jesus Shall Reign Where'er The Sun”

Author: Isaac Watts (1719)

Glory to God #265

1 Jesus shall reign where'er the sun
does its successive journeys run;
his kingdom stretch from shore to shore,
till moons shall wax and wane no more.

2 To him shall endless prayer be made,
and praises throng to crown his head;
his name, like sweet perfume, shall rise
with every morning sacrifice.

3 People and realms of every tongue
dwell on his love with sweetest song,
and infant voices shall proclaim
their early blessings on his name.

4 Blessings abound where'er he reigns:
the prisoners leap to loose their chains;
the weary find eternal rest,
and all who suffer want are blest.

5 Let every creature rise and bring
honors peculiar to our King;
angels descend with songs again,
and earth repeat the loud Amen!

Morning Has Broken

Author: Eleanor Farjeon (1931)

Glory to God #664

The Presbyterian Hymnal #469

1 Morning has broken
like the first morning,
blackbird has spoken
like the first bird.
Praise for the singing!
Praise for the morning!
Praise for them, springing
fresh from the Word!

2 Sweet the rain's new fall
sunlit from heaven,
like the first dewfall
on the first grass.
Praise for the sweetness
of the wet garden,
sprung in completeness
where God's feet pass.

3 Mine is the sunlight!
Mine is the morning
born of the one light
Eden saw play!
Praise with elation,
praise every morning,
God's recreation
of the new day!

My Lord What A Morning

African American spiritual

Glory to God #352 | Blue Hymnal #449

Refrain

My Lord! what a morning;
my Lord! what a morning;
O my Lord! what a morning,
when the stars begin to fall,
when the stars begin to fall.

1 You will hear the trumpet sound
to wake the nations underground,
looking to my God's right hand,
when the stars begin to fall.

2 You will hear the sinner cry,
to wake the nations underground,
looking to my God's right hand,
when the stars begin to fall.]

3 You will hear the Christian shout,
to wake the nations underground,
looking to my God's right hand,
when the stars begin to fall.