

College Avenue Presbyterian Church  
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**Welcome to  
 CAPC Oakland ONLINE!**

We are a reformed, multicultural, politically purple, community of followers of Jesus seeking to live our faith seriously in word, deed and relationships in the East Bay.

We usually celebrate in person, but cannot during this season of COVID-19. So instead we're worshipping together via ZOOM. While imperfect, and something that we'll get better at each time we gather remotely, it will allow us to gather together even in observing social distancing. We can't do coffee hour but you can call or connect with someone else by phone to share a moment together after worship.

**CHILDREN**

We don't have a quiet play area or Godly Play for kids via ZOOM - but we do have online coloring sheets, activities and even recorded Godly Play Stories that you can access 24/7 online at our website at <http://www.capcoakland.org/worshiponthego>

**PRAYER CARDS**

We can't do prayer cards but we can do live chat on ZOOM while we meet. Rev. Karl Shadley is being our digital Deacon who will responds to any chats during the service. Look for the chat box in the lower right hand corner of your ZOOM screen..

CCL #1137062

July 12, 2020

**GATHERING AROUND GOD'S WORD VIA ZOOM**

- GATHERING SONG "Jesus Is The Answer"
- CALL TO WORSHIP
- SONG OF PRAISE "Piedad" - Blue Hymnal #395
- LISTENING FOR GOD'S WORD
- LISTENING TO SCRIPTURE Psalm 127 - Marda Stothers
- SINGING & SPEAKING OF HOPE "Having Eyes to See & Ears to Hear" - Rev. Monte McClain
- RESPONDING TO GOD'S WORD
- SONG OF RESPONSE "Turn Your Eyes Upon Jesus"
- COMMUNION: FINDING GOD AROUND OUR DIGITAL TABLE
- WORDS OF WELCOME  
*Today we'll celebrate this foundational meal by intinction wherever you are. Monte will begin with a prayer - during which you're invited to put your screen to "speaker view" - and then as we share the meal together please reset your screen to "gallery view."*
- PRAYERS OF THE PEOPLE & THE LORD'S PRAYER - Deacon Myrna Shadley  
*You can share your prayer requests for the good and the new using the Chat function on Zoom. Call and response liturgically prayed at the conclusion of sharing a prayer*  
 Leader: God, in your mercy.  
**People: Hear our prayer.**
- THE LIFE OF THE CHURCH
- COLLECTION OF OUR OFFERINGS AND GIFTS
- SUNG RESPONSE "We Shall Not Be Moved"
- SENDING CALL AND RESPONSE  
 Leader: God is good! Leader: And all the time!  
**People: All the time! People: God is good!**
- EXHORTATION & BENEDICTION
- PASSING THE PEACE OF GOD **"Udo diri gi"** (Udo, spoken in Nigeria)

*In the season of COVID-19 you're invited to pass the peace of God however and to whoever you can this day as we live our lives of disciples of Jesus sheltering-in-place, as an living sign of the Dominion of God at work moving us toward the healing transformation of the world.*

## Thoughts on Today's Reading Psalm 127

Tucked away in the Hebrew books of Psalms is an even older songbook called "the Songs of Ascents." The songs are the psalms numbered 120 through 134. They were likely sung, possibly in sequence, by Hebrew pilgrims as they went up to the great worship festivals in Jerusalem was the highest city in Palestine, and so all who traveled there spent much of their time ascending. But the ascent was not only literal, it was also a metaphor: the trip to Jerusalem acted out a life lived upward toward God, an existence that advanced from one level to another in developing maturity—what Paul described as "the goal, where God is beckoning us onward—to Jesus" (Phil 3:14).

Three times a year faithful Hebrews made that trip (Ex 23:14-17; 34:22-24). The Hebrews were a people whose salvation had been accomplished in the exodus, whose identity had been defined at Sinai and whose preservation had been assured in the forty years of wilderness wandering. As such a people, they regularly climbed the road to Jerusalem to worship. They refreshed their memories of God's saving ways at the Feast of Passover in the spring; they renewed their commitments as God's covenanted people at the Feast of Pentecost in summer; they responded as a blessed community to the best that God had for them at the Feast of Tabernacles in the autumn.

They were a redeemed people, a commanded people, a blessed people. These foundational realities were preached and taught and praised at the annual feasts. Between feasts the people lived these realities in daily discipleship until the time came to go up to the mountain city again as pilgrims to renew the covenant. This picture of the Hebrews singing these psalms as they left their routines of discipleship and made their way as pilgrims up to Jerusalem is our best background for understanding life as a faith-journey.

Psalm 127 shows both the right and the wrong way to work. It's neither sheer activity nor pure passivity. Our work goes wrong (is in vain) when we lose touch with the God who works. What work for example, does a man to do get sons and daughters? Very little. The entire miracle of procreation and reproduction requires a man's (and woman's) participation, but hardly in the form of what we call "work." We didn't make these marvelous creatures that walk and talk and grow among us.

Psalm 127 insists on a perspective in which our work is at the perimeter and God's work is at the center. As long as God is at the center, our universe will run well. But the moment we put ourselves at the center, the orbits of everything around us are set on a collision course. (Eugene Peterson, in *The Message*)

### QUESTIONS FOR THE PRACTICE OF EXAMEN & CONTEMPLATION

- **What part of today's psalm grabs you?**
- **How do you struggle to put God at the center?**
- **How is God inviting you to a pilgrimage faith, a journey of redemption, freedom and discovery?**

## ANNOUNCEMENTS & COMMUNITY NEWS

### JULY BIRTHDAYS

13 Alana D'Attilio	15 Chris Olson
17 Rachel Brylawski	21 Chickwendu Okereke
22 Kaya Ramirez Blake	24 Maya Patil
27 John Fonua	John LaMotte
31 Lisa Wu	

**Coffee Hour Today** - is taking place wherever you are. Call someone else up, catch-up & check in!

### WEEKLY CALENDAR DURING THE PANDEMIC

**Daily Zoom Calls** - every day at 12pm.

**ZOOM Worship Next Sunday at 10:30am,**

**Community Care Package Team Meeting Monday at 1:00pm on Zoom**

**Race Matters** Meeting next on Monday, 7/20th - 7-8 pm, text and reflection questions at [www.capcoakland.org/race-matters](http://www.capcoakland.org/race-matters)

**Friday Night Meal** Next Friday, July 17<sup>th</sup> | 6-7pm on the sidewalk at church. Cooked by the Piedmont High School Community Service Crew. *We need help serving the meal!*

**Women's Group - Saturday Mornings on Zoom.** Contact Anne Marie Adams for info about joining - [amadams44@gmail.com](mailto:amadams44@gmail.com)

**Tamales por Oakland** - Order tamales from our Primera Iglesia partners to help them work and you enjoy a great meal! [www.capcoakland.org](http://www.capcoakland.org)

**Godly Play - Sundays from 9:45-10:25 on Zoom.**

**White Fragility Book Group Fridays 10-11a - Next meeting in 7/24.** PDF of the book, reading, and reflection questions at [www.capcoakland.org/white-fragility-book-group](http://www.capcoakland.org/white-fragility-book-group)

**What's Going On?** - Zoom Q&A Interview with community members Sundays at 12pm on Zoom. Today: Monte with Q&A about baking for community

**Rev. Karl Shadley, HR is leading Worship Next Week** - If you need pastoral care help this week you can contact him directly at (510) 435-4264

**Monte will be on vacation July 13-19**

**Thank you to this Week's Leadership:**

Deacon Liturgist: Myrna Shadley  
Chat Master: Karl Shadley  
Music: Pete Feltman, Andre Schoch  
Reader: Marda Stothers

**PICK THE PSALM - OR WRITE YOUR OWN - FOR NEXT SUNDAY'S GATHERING! TALK TO MONTE**

**LYRICS & WRITTEN RESPONSES FOR TODAY'S  
CELEBRATION GATHERING**

**"Jesus Is The Answer"**

*Author: Andraé Crouch & Sandra Crouch  
The New National Baptist Hymnal (21st Century Edition)  
© 1973 Bud John Songs (ASCAP),*

*Chorus*

Jesus is the answer, for the world today  
Above him there's no other, Jesus is the way  
Jesus is the answer, for the world today  
Above him there's no other, Jesus is the way  
Jesus is the way, Jesus is the way

1. If you have some questions  
in the corners of your mind  
Traces of discouragement,  
the peace you cannot find  
Reflections of your past,  
seem to face you everyday  
But this one thing I do know,  
that Jesus is the way

*Chorus*

2. I know you've got mountains,  
that you think you cannot climb  
I know your skies have been dark,  
the think that sun won't shine  
But in case you don't know  
that the word of God is true  
Everything God's promised  
God will do it all for you

*chorus*

**CALL TO WORSHIP RESPONSIVE READING**

*Rooted in Psalm 1, Romans 12:1-2*  
**The People read the BOLD print**

One: King of all the earth,  
Creator of the universe,  
Holy Triune God,

**ALL: From everlasting to everlasting,  
you are Lord.**

One: Your law brings life, O Lord,  
and we meditate on it day and night;

**ALL: Happy are we  
when we walk in your ways, O Lord.**

One: You are a rich stream of living waters, and  
we are like trees, planting our roots near you;

**ALL: Happy are we  
when we walk in your ways, O Lord.**

One: You bring forth fruit in due season  
and establish the work of our hands;

**ALL: Happy are we  
when we walk in your ways, O Lord.**

One: Who is like our God,  
the One whose ways are full of life?

**ALL: Happy are we  
when we walk in your ways, O Lord.**

One: This is our God, the Holy One.

**ALL: Let us come before the Lord  
with thanksgiving  
offering our bodies as a living sacrifice,  
holy and pleasing to God -**

**"Piedad" | "Have Mercy, Lord, on Me"**

*Marcelino Montoya Translator: George Paul  
Simmonds (1968) Text and Music: Translation © 1968  
and arrangement © 1964 by George P. Simmonds.  
Cánticos Escogidos, owner. The Blue Hymnal #395*

1. Take pity, Lord, I pray Thee,  
Thy mercy show to me,  
My sins and my wrong-doing  
I now confess to Thee,  
From all of my transgressions  
Thou, Lord, has set me free,  
Thy blood so precious shedding  
Upon the cruel tree.

*Refrain:*

Have mercy, Lord, A sinner cries to Thee  
Have mercy, Lord, Have mercy, Lord, on me.

2. O holy Lord Almighty,  
My need to Thee I bear,  
Although done, unworthy,  
I pray Thee, hear my prayer;  
O Lamb for sinners wounded,  
Redeemer of mankind,  
Eternal life and pardon  
My soul in Thee doth find.

*continued on the other side ...*

3. Lord, willingly Thou gavest  
thyself for all to die,  
And purchase full redemption  
For sinners such as I;  
O blessed be Thy name, Lord,  
Through all eternity  
For bearing shame and anguish  
Upon the cross for me.

### **“Turn Your Eyes Upon Jesus”**

*Helen Howarth Lemmel (1922)*

O soul are you weary and troubled  
No light in the darkness you see  
There's light for a look at the Savior  
And life more abundant and free

Turn your eyes upon Jesus  
Look full in his wonderful face  
And the things of earth will grow strangely dim  
In the light of his glory and grace

Through death into life everlasting  
He passed and we follow him there  
Over us sin no more hath dominion  
For more than conquerors we are

His word shall not fail you He promised  
Believe Him and all will be well  
Then go to a world that is dying  
His perfect salvation to tell

### **Prayer Before Communion**

*the Sursum Corda, "Lift up your hearts", begins the traditional Eucharistic Prayer before communion. We're using it today in our gathering as a reminder of our centeredness in the Church Universal, which we experience anew each time we come to the Lords' Table.*

Leader: The Lord be with you.

**People: And also with you.**

Leader Lift up your hearts.

**People: We lift them to the Lord.**

Leader Let us give thanks to the Lord, our God.

**People: It is right to give him thanks and praise.**

### **“We Shall Not Be Moved”**

*a traditional American folk song  
whose lyrics likely stretch back to the slave era.*

We shall not, we shall not be moved  
We shall not, we shall not be moved  
Just like a tree that's standing by the water  
We shall not be moved

Black and white together,  
We shall not be moved

We're fighting for our freedom,  
We shall not be moved

Enemies forgiven  
We shall not be moved

We're fighting for our children,  
We shall not be moved

Young and old together,  
We shall not be moved

All the genders equal  
We shall not be moved

City and country together  
We shall not be moved